



Kate Mac

MC. TV PRESENTER. VOICE OVER. RADIO HOST.
CONTENT PRODUCER. FITNESS INSTRUCTOR

PROFILE

Height: 170cm | Eye Color: Brown
Hair Color: Light Brown
Perth born. 32 years old. 15 years in media. 7 years in fitness. 3 brothers, strong willed, adventurous, ambitious, resilient, adaptable.

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TRAINING & WORKSHOPS

University of Western Australia | Bachelor of Arts & Communications | 2008

WAAPA | Broadcasting Post Graduate | 2009 | Jo Mcmanus

Bliss Yoga Cayman | 200hr Hatha Yoga Certification | 2015 | Janelle Fleurkroon

IIN New York | Health Coach Certification | 2014 | Joshua Rosenthal

Aspire Group | Zuu & Ankkor Certification | 2015 | Lloyd Johnson

AIPT | Cert 3 & 4 in Fitness | 2019

SPECIAL SKILLS

Creator of the production company The Passion Collective. TV / online content producer and editor, videographer and script writer. Social collaborator, MC and key note speaker covering topics on mental health, fitness, intuition, life in the media, women in the workplace & share my personal story to inspire others to not give up. Adventurous, risk taker, singer, guitar player, traveller. Capable, reliable, instinctive, real.

EXPERIENCE

TELEVISION

Channel 9 | Monkey Mia, A Better Adventure | 2019
Host & one of 3 Key presenters

Channel 9 | Great Winter Escapes | 2018
Host & one of 3 Key presenters

Channel 9 | The Amazing South Coast | 2018
Host & Key Presenter

Torque Productions | Zoom TV | 2007 - 2017
Lead Female Presenter/ Producer

Torque Productions | The West Real Estate Program
2015 - 2017
Presenter/ Producer

RADIO

Nova 93.7 | Announcer | 2009 - 2015
Mornings/ Afternoons

X107.1 & Cayrock | Announcer Cayman Islands
2012 - 2015 | Breakfast Host

Nova 96.9 | Announcer | 2015
Sydney Breakfast with Fitzy & Wippa

Nova 96.9 | Announcer | 2015
National Summer breakfast Show with
Sam Mac and James Mathison

FITNESS

Founding Coach KIXXFIT APP | 2019 - Present
Online fitness instructor

Bike Bar Fitness | 2017 - Present
Spin Instructor

Aspire Group | 2015 - 2018
PT/ Fitness/ Yoga Instructor

Cayman National Rugby Team | 2014
Yoga Instructor